

**The Retreat will
begin on Wednesday
February 13, 2019**

at

**Our Lady of Perpetual Help
Church Hall 4588 Roblin Blvd
corner of Grant Ave, Winnipeg.**

Eight Wednesdays

7:30 p.m. to 9:30 p.m.

This retreat is put on by the
parish prayer group.

**For more info. email or call
prayergroup@discoverfaith.com**

204-895-8878

No registration fee.

Schedule of topics:

Week 1: God's love for us

Week 2: The gift of Salvation

Week 3: The Grace of the Holy Spirit
and New Life

Week 4: Preparing to receive the
Grace of the Holy Spirit

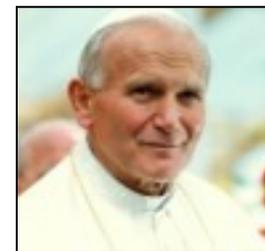
Week 5: The healing of memories

Week 6: Receiving the Grace of the
Holy Spirit

Week 7: Growing in the Spirit

Week 8: Transformation in the Spirit

**NEW
LIFE
IN THE
SPIRIT**



A retreat described by Saint John Paul 11 as “a grace directed to sanctify the Church, to renew in her the taste for prayer, and to rediscover with the Holy Spirit the sense of thankfulness, of joyful praise, of confident intercession, and to be converted into a new fountain of evangelization.”

New Life in the Spirit Retreat

The New Life In The Spirit Retreat is composed of a series of talks designed to lead people through the basic message of Salvation and help them yield to the action of the Holy Spirit in their lives. The sessions take one evening for eight weeks.

The sessions are simple, informal and introductory in format, balanced with teaching, personal testimony, Scripture and prayer. Small group discussion periods provide an important opportunity for participants to discuss their progress.

The Retreat is designed to help participants *establish, re-establish* or *deepen* their faith in Jesus Christ as their Lord and Savior.

“When the Holy Spirit awakens faith, he not only gives an understanding of the Word of God, but through the sacraments also makes present the ‘wonders’ of God which it proclaims” (*Catechism of the Catholic Church, para 1155*).

The Retreat will help participants yield to the action of the **Holy Spirit** in their lives so they can begin to sense His presence and experience Him working in and through them.

The Grace of the Holy Spirit

On the sixth night of the Retreat, there is an opportunity for the participants to be prayed with to receive the **Grace of the Holy Spirit**.

“The first work of Grace of the Holy Spirit is *conversion*....the sanctification and renewal of the interior man” (*Catechism of the Catholic Church, para 1989*).

This Grace of the Holy Spirit is a “fanning into flame” of the gifts and graces received when we were sacramentally baptized and confirmed. It can further prepare and equip us for the service of God and renew the sacramental life within us.

The Grace of the Holy Spirit brings with it the actualization and deepening of the 7 confirmation gifts of piety, fortitude, understanding, counsel, wisdom, knowledge, and fear of the Lord; and also charisms such as gifts of prayer, praise, prophecy, discernment, healing, and many more (*see 1 Cor. 12:1-11*).

In his General Audience of Sept. 6, 1989, Pope St. John Paul II said that “*Baptizing in [the Grace of] the Spirit means REGENERATING humanity with the power of God’s Spirit.*”

Testimonies

“*I had two lives; one before the baptism in the Holy Spirit [receiving the Grace of the Holy Spirit], and one after*” (Fr. Rainero Cantalamessa, Preacher to the Papal Household).

“*I experienced a release of the Holy Spirit. I had a new vision of the Church as though I was seeing the Eucharist and the Sacrament of Reconciliation through new glasses. I was seeing more clearly God’s great love*” (Sr. Briege McKenna, OSC, International speaker and author).

“*The great realization dawned on me of the existence of the Holy Spirit. The Spirit not only existed but wanted to be involved in my life. Things have never been the same since!*” (Jerry O’Grady, professional, family man).

“*I was struggling spiritually, holding on to past hurts and unforgiveness. During the seminars I found healing, forgiveness and the ability to forgive others through a profound personal Savior. This new relationship has influenced my life ever since!*” (Ruth Ann Gilbert, nurse, homemaker).

“*Through the Seminar, I truly received ‘new life’. The Scriptures came alive to me; the Mass came alive to me and prayer became a natural inclination*” (Mandy Kerr, homemaker).